

# Organization of Nurse Leaders

2019 Winter Meeting  
December 13, 2019



## AGENDA

- 7:30 - 8:30 Registration,  
Breakfast, Exhibitors
- 8:30 - 10:00 Business Meeting
- 10:00 - 10:30 Break, Networking,  
Exhibitors
- 10:30 - 12:00 Terry Foster
- 12:00 - 1:00 Lunch, Networking,  
Exhibitors
- 1:00 - 3:00 Julia Fox Garrison

### Meeting Location

Boston Marriott Burlington  
1 Burlington Mall Rd  
Burlington, MA 01803

Member registration: \$225

Non-Member registration: \$275

## How Can You Laugh at That? A closer look at nursing humor

Humor, as a leadership tool, requires awareness and intention. **Terry Foster** is a well-known and sought after speaker on nursing humor. He has been the Critical Care Clinical Nurse Specialist in the Emergency Department at St. Elizabeth Medical Center in Kentucky since 1989, and is also a part-time stand-up comic. No matter what your area, or era, of nursing practice, humor invokes a positive attitude and unites us all. This fun and enlightening talk will focus on the very "different" sense of humor shared by all nurses. Plan to be thoroughly entertained!

### OBJECTIVES

1. Describe the appropriate use of nursing humor.
2. Discuss the use of humor as a coping mechanism.



## Overcoming Adversity with Attitude, Choice & Purpose

**Julia Fox Garrison** is a seasoned keynote speaker and the bestselling author of **Don't Leave Me This Way (or when I get back on my feet you'll be sorry)**.

The book chronicles her struggle to regain control over her life and body following a massive hemorrhage and paralyzing stroke. As Julia claims, she has been hospitalized so many times she has earned a PhD (Personal Healthcare Discoveries) -- a blueprint for how not to let the system dictate the direction, pace, and objectives of one's recovery. This talk delivers a message of resilience and hope for all leaders.

### OBJECTIVES

1. Discuss how to incorporate humanity, hope, and humor into health care.
2. Discuss how to communicate using language that connects rather than dehumanizes.

**ONL**

Organization of  
Nurse Leaders

Advancing a culture of health.

For more information, or to register a group, contact [info@oonl.org](mailto:info@oonl.org) or 781-272-3500

Attendees will be eligible for 3.5 Contact Hours

The Organization of Nurse Leaders, MA, RI, NH, CT, VT is an approved provider of continuing nursing education by the American Nurses Association, Massachusetts an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.