

Organization of Nurse Leaders 2018 Educational Meeting

KILLINGTON GRAND RESORT October 9, 2018

228 East Mountain Road,
Killington, VT 05751

Member: \$175
Non-Member: \$199

AGENDA

8:30-9:00	Registration
9:00-10:30	A Relational model of conflict engagement
10:30-10:45	Break
10:45-12:00	Conflict and transitions
12:00-1:00	Lunch
1:00-2:45	Developing mastery— conflict engagement
2:45-3:00	Wrap up and evaluation

SHERATON FOUR POINTS October 11–12, 2018

1125 Boston Providence Turnpike
Norwood, MA 02062

Attending 2 days: \$350
Attending 1 day, Member: \$175
Attending 1 day, Non-Member: \$199

AGENDA

8:30-9:00	Registration
9:00-10:30	Endurance and resilience
10:30-10:45	Break
10:45-12:00	Mastering resilience
12:00-1:00	Lunch
1:00-2:45	Creating a personal resilience plan
2:45-3:00	Wrap up and evaluation

[Register here](#)

Leading in challenging situations is part of every work environment, learn how to engage in conflict productively, and find a mindset to stimulate creativity and resilience. **Debra Gerardi** is a nurse, a nationally recognized conflict engagement specialist, professional coach, and attorney, who combines creativity and wellbeing to improve collaboration and conflict engagement among health care professionals.



A Relational Approach to Conflict Engagement for Nurse Leaders*

This program is being offered in Killington, VT on Tuesday, October 9th, and in Norwood, MA on Thursday, October 11th, 2018.

Cultivating the capacity to engage with others involves both an understanding of conflict dynamics within complex systems as well as a deeper understanding of one's own beliefs and habitual ways of responding.

This workshop will focus on how to incorporate relational approaches to working with others when there is conflict and introduce models for understanding how we get in the way of engaging effectively with others.

Learning Objectives:

- Identify how connecting with values can serve as an anchor when addressing conflict over extended periods of time.
- Discuss the Bridges Transition Model to guide decision-making in groups where rapid change has created tensions.
- Practice accessing curiosity and inquiry as a means of creating connection and fostering self-agency and critical thinking in others.

* NOTE: The Vermont program will combine content from both workshop topics into a single day.

Healer's Retreat: Moving from Endurance to Resilience*

This program is being offered in Norwood, MA on Friday, October 12th, 2018.

Staying engaged as leaders in the presence of ongoing tensions takes more than technical expertise and grit, it requires that we nurture our own resilience and sense of wellbeing. This workshop focuses on distinguishing endurance from resilience as a means of overcoming overwhelm and re-grounding in personal strengths, values and connections.

Learning Objectives:

- Discuss endurance and resilience as polarities and how to stay on the upside of each.
- Identify strategies to setting an open mindset to engage personal strengths and values.
- Create your own resilience plan for maintaining your own wellbeing.

For more information, or to register a group, contact info@oonl.org or 781-272-3500.

Attendees will be eligible for 4.45 Contact Hours.

The Organization of Nurse Leaders, MA, RI, NH, CT, VT is an approved provider of continuing nursing education by the American Nurses Association, Massachusetts an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

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Nurse Leaders

Advancing a culture of health.