

Advancing a culture of health.

Joyce C. Clifford New and Emerging Nurse Leader Seminar

Wednesday March 27, 2019 – Day One

8:30 – 8:45am

Welcome and Program Overview

8:45 – 10:00am

Understanding Diversity and Inclusion as Nurse Leaders

Today's patient care world is increasingly diverse from all perspectives – patient, family, and providers. Effectively providing care and creating teams in this environment requires that nurse leaders be knowledgeable about diversity as well as inclusion. This session will expand the knowledge of new and emerging nurse leaders in those key topics.

Judith Cullinane, PhD, RN, CAGS, CCRN-K

Executive Director, Center of Excellence
Nursing Research, Innovation, Professional Development & Quality
Tufts Medical Center & Floating Hospital for Children (Boston, MA)

10:00 – 10:30am

Networking Break

10:30 – 11:45am

Strength Based Leadership

Knowing yourself as well as your team members creates a strong foundation for effective leadership. This active session will highlight the benefits of participants knowing their strengths, and explore the tension between how much energy should be spent on building strengths versus improving weaknesses. Additionally, understanding and differentiating among the strengths of each team member can build individual fulfillment, and overall team effectiveness.

Justin Drew, MSN, RN, NEA-BC

Director, Cancer Center
Middlesex Health Cancer Center (Middletown, CT)

11:45 – 12:45pm

Lunch

12:45 – 2:00pm

Mindfulness as a Strategy to Reduce Nurse Leader Stress

Leadership is often stressful and the healthcare environment frequently exacerbates that stress. It is essential for nurse leaders to find various ways to manage the stress and allow them to stay at peak performance for their patients, staff – and themselves. This session will introduce mindfulness as one such strategy.

Christine Buckley, DNP, MBA, RN, CPHQ, NEA-BC, Caritas Coach

Associate Chief Nursing Officer
Women's and Children's Services
UMass Memorial Medical Center (Worcester, MA)

2:00 – 2:15pm

Break

2:15 – 3:30pm

Strategies for Making the Transition to Leadership Roles – A Panel Discussion

Moving into a leadership role is simultaneously exciting and perplexing. At times new leaders wonder if others have experienced their challenges, if others have gone through some of the same issues. Through sharing their transition stories this panel will provide reassurance and guidance, often with humor but always with understanding.

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Thursday March 28, 2019 – Day Two

- 8:30 – 8:45am *Welcome and Program Overview*
- 8:45 – 10:00am **Conflict Engagement: Lean in and Have a Crucial Conversation**
Crucial conversations and conflict are frequent occurrences for new leaders and both tend to create anxiety. Fortunately, there are ways to approach each that will minimize discomfort and maximize effectiveness.
Jackie Somerville, RN, PhD, FAAN
Faculty Associate
Watson Caring Institute (Boston, MA)
- 10:00 – 10:30am *Networking Break*
- 10:30 – 11:45am **Managing Change—an Ever Present Event**
Change is always a part of healthcare and leadership. It is also something about which many new and emerging leaders express unease. Knowledge about core elements of change and factors that make it successful can decrease the anxiety change produces.
Mark D. Sugrue, MSN, RN-BC, FHIMSS
Chief Nursing Informatics Officer and ACNO, Professional Practice
UMass-Memorial Medical Center (Worcester, MA)
- 11:45 – 12:45pm *Lunch*
- 12:45 – 2:00pm **Staff Engagement and Retention**
Staff engagement is a core of effective patient care and satisfaction as well as longer term retention. Both require strategic knowledge and actions on the part of leaders in all parts of the organization. This session will provide new and emerging leaders with approaches to staff engagement and retention that they can use on returning to work.
Cecelia Lynch, DNP, RN, NEA-BC, FACHE
Vice President Patient Care Services and Chief Nurse Executive
Lowell General Hospital (Lowell, MA)
- 2:00 – 2:15pm *Break*
- 2:15 – 3:30pm **Workplace Violence**
Workplace safety is a fundamental concern for everyone in every healthcare organization. In particular nurse leaders need fundamental knowledge about early detection of possible incidents and strategies to respond when they do. This session will assist participants in gaining that knowledge.
Marsha L. Maurer, DNP, RN
Senior Vice President Patient Care Services, Chief Nursing Officer
Beth Israel Deaconess Medical Center (Boston, MA)
- Pat Folcarelli RN, MA, PhD**
Vice President, Health Care Quality
Silverman Institute for Health Care Quality and Safety
Beth Israel Deaconess Medical Center (Boston)