

Leadership Lunch Series

Ideas, Insights & Inspiration for Nursing Teams

This interactive, live virtual series connects nurse leaders and nursing teams with nationally recognized thought leaders for learning and inspiration each month while enjoying their lunch. Our speakers share diverse perspectives ranging from big-picture thinking to tactical, actionable strategies, offering something for everyone at all levels of leadership.

This highly-rated series is a way for organizations to cost-effectively provide timely, consistent educational content to their teams that encourages discussion and dialogue while supporting team bonding, collaboration, and ideas to advance practice.

Friday, January 16th, 12:00-1:30 PM ET, [Gabrielle Abelard, DNP, APRN-BC, FNAP, FAAN, FAANP](#)

Leading with Renewal: Taking Care of the Leader in the Mirror

Leading in complex environments of high demands and pressures means that nurse leaders must adopt intentional practices that prioritize renewal, restore clarity, and strengthen resilience. This session reframes self-care as a cornerstone of leadership excellence, and shares how restorative practices such as mindfulness, social connection, music, laughter, and movement can enhance emotional balance, foster reflective decision-making, deepen self-awareness, and strengthen the leader's capacity to model wellness.



Friday, February 20th, 12:00-1:30 PM ET, [Ellen Joswiak, DNP, RN, NPJ-BC](#) and [Dawn M. Nelson, MS, RN, NPJ-BC](#)

Inspiring Excellence: Strengthening Nursing Orientation Through Leadership and Learning Science

Nurse leaders play a pivotal role in enhancing the effectiveness of nursing orientation. This session will explore the experience complexity gap, apply cognitive load theory to orientation design, and introduce the Tiered Skills Acquisition Model to clinical orientation that promotes progressive skill development individualized to the learner.



Friday, March 20th, 12:00-1:30 PM ET, [Tim Porter-O'Grady, DM, EdD, ScD\(h\), APRN, FAAN, FACCWS](#)

Nursing's Commitment to the Principles of Diversity, Equity, and Inclusion: Historical and Ethical Imperatives

Nursing has a long history of commitments, both ethically and professionally, to diversity, equity, and inclusion (DEI). This session will explore social and political challenges related to DEI and discuss how nurse leaders must consider our social responsibility to ensure professional values are visible and acted upon in caring for patients and employees.



Friday, April 17th, 12:00-1:30 PM ET, [Heather O'Sullivan, MSN, APRN-BC, FAAN](#)

Healthcare at Home: Transforming Care Delivery

The Hospital-at-Home model—delivering hospital-level treatment in the comfort of home—has a transformative impact on patient care, improving both satisfaction and clinical outcomes. This session will outline the core components and structure of the Hospital-at-Home model, explain the rationale behind its development, and discuss how to assess patient eligibility for Hospital-at-Home services.



[More details available at www.onl.org/leadership-lunch-series](http://www.onl.org/leadership-lunch-series)

Program Logistics:

- Organizations purchase access to the live, virtual series for their team.
- Individuals must then register to receive the meeting link and program evaluation.
- Attendees are eligible for 1.5 Contact Hours for each program, and 6.0 for attending the full series. This is a great way to invest in your team!

Pricing for all four sessions:

- Up to 100 participants: \$5,000
- Up to 50 participants: \$4,000
- Up to 25 participants: \$3,000
- Up to 10 participants: \$2,000

[To purchase access for your team, please contact info@oonl.org](mailto:info@oonl.org)