**Personal SWOT Analysis**

**This should be done every year or two. This will help you identify areas where you need mentoring and growth in order to achieve your Professional Mission.**

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|  | **Positives** | **Negatives** |
| **Internal**  **(Self)** | **Strengths** | **Weaknesses** |
| **External**  **(Environment** | **Opportunities** | **Threats** |